

# PRACTICAL TIPS FOR RESPONSIBLE TRAVEL



## ✔ RESPONSIBLE TOURISM IN THE MOUNTAINS

- **I wash my equipment** to avoid spreading **invasive species**
- **I follow the marked trails** so as not to damage the flora and disturb the fauna
- **I respect the signs** and leave the fence gates as I found them
- I take **pictures of protected wild plants** rather than picking them
- I keep a **respectful distance** from **wild animals** and **I do not feed them**
- I keep my dog on a leash during the birth period
- I do **not throw my cigarette ends in the nature** thanks to my pocket ashtray
- I use **biodegradable toilet paper** and **bury my waste**, if possible far away from water points
- If I wash in a watercourse, I favour **designated areas** and use **biodegradable products**
- I only make a **fire in the places indicated** and take care to extinguish it before leaving
- On **picnics**, I favour **reusable packaging and utensils**
- **I pick up my rubbish** and any rubbish that I find